High-Dimensional Measures and Geometry Lecture Notes from April 8, 2010

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9.5.1 Lemma. Given a norm $p : \mathbb{R}^n \to \mathbb{R}$, let $B = \{x \in \mathbb{R}^n : p(x) \le 1\}$. Let $\delta > 0, \rho > 1$ such that $\mu(\rho B) \ge (1+\rho)\mu(B)$ then for some c > 0 we have,

$$\mu(tB) \le ct\mu(B)$$

for all 0 < t < 1.

Proof. (continued from the previous class) Let $\kappa(m)$ be such that,

$$\frac{\kappa(m)}{m} = \frac{\mu(\frac{1}{2m}B)}{\mu(B)}$$

For all $m \in \mathbb{N}$ we have proved,

$$\mu(t_m B) \le \underbrace{\frac{4\delta}{\rho}}_{c} t_m \mu(B) \quad \forall t_m = \frac{1}{2m}$$

So consider all $m\in\mathbb{N}$ such that $\kappa(m)>\frac{2\delta}{\rho},$ thus,

$$\mu\left(\frac{1}{2m}B\right) > \frac{2\delta}{\rho}\frac{1}{m}\mu(B) > \frac{\delta}{\rho m}\mu(B)$$

We recall the Brunn-Minkowski inequality

$$\mu(A_{\lambda\tau}) \ge \mu^{\lambda}(A_{\tau})\mu^{1-\lambda}\left(\frac{1}{2m}B\right)$$

and choosing $\tau = \tau'$, $\lambda = \frac{1}{\tau'}$, and using assumptions on $m \in \mathbb{N}$, $\mu\left(\frac{1}{2m}B\right) > \frac{\delta\mu(B)}{\rho m}$ gives,

$$\tau(A_1) \ge \frac{\delta\mu(B)}{\rho m}$$

Repeating the above procedure for $A_{1-\frac{1}{m}}, A_{1-\frac{2}{m}}, \dots A_{\frac{t}{m}}$ with $\tau = \tau'$, $\lambda = \frac{i}{m\tau'}$ to get estimate for $A_{\frac{i}{m}}$ gives,

$$\mu\left(A_{\frac{i}{m}}\right) \geq \frac{\mu(B)}{m} \left(\frac{\delta}{\rho}\right)^{1-\frac{i}{m}} \kappa^{\frac{i}{m}}$$

So adding these contributions and using $\bigcup_{A_{\frac{i}{m}}}^{m-1} \subseteq B$, with $A_0 = \frac{1}{2m}B$, yields,

$$\mu(B) \geq \sum_{i=0}^{m-1} \mu(A_{\frac{i}{m}})$$

and,

$$\mu(B) \ge \frac{\mu(B)}{m} \frac{\delta}{\rho} \frac{1 - \frac{\rho\kappa}{\delta}}{1 - \left(\frac{\rho\kappa}{\delta}\right)^{\frac{1}{m}}}$$

By our assumption $\kappa \geq \frac{2\delta}{\rho},$ so

$$1 \geq \frac{\kappa}{m} \frac{\frac{\delta}{\rho k} - 1}{1 - \left(\frac{\rho \kappa}{\delta}\right)^{\frac{1}{m}}}$$
$$= \frac{\kappa}{m} \frac{1 - \frac{\delta}{\rho k}}{\left(\frac{\rho \kappa}{\delta}\right)^{\frac{1}{m}} - 1}$$
$$\geq \frac{\kappa}{m} \frac{\frac{1}{2}}{\left(\frac{\rho \kappa}{\delta}\right)^{\frac{1}{m}} - 1}$$

So,

$$\kappa \le 2m\left(\left(\frac{\rho\kappa}{\delta}\right)^{\frac{1}{m}-1}\right)$$

Now, the sequence $\kappa(m)$ must be bounded because for each $m\geq 2,$

$$\kappa \le \frac{2}{\epsilon} \left(\left(\frac{\rho \kappa}{\delta} \right)^{\epsilon} - 1 \right)$$

is a difference quotient for $x \mapsto \left(\frac{\rho\kappa}{\delta}\right)^x$, $0 \le x \le \frac{1}{2}$ and thus the difference quotient is bounded. By derevative at right endpoint $x = \frac{1}{2}$ and thus,

$$\kappa \le 2\left(\frac{\rho x}{\delta}\right)^{\frac{1}{2}}\ln\left(\frac{\rho x}{\delta}\right)$$
$$\kappa^{\frac{1}{2}} \le 2\left(\frac{\rho}{\delta}\right)^{\frac{1}{2}}\ln\left(\frac{\rho x}{\delta}\right)$$

So κ cannot grow arbitrarily large. We claimed

$$\ln\left(\int_{\mathbb{R}^n} pd\mu\right) \le c + \int_{\mathbb{R}^n} \ln pd\mu$$

Assume $\int_{\mathbb{R}^n} p d\mu = 1$. We want to show $\int \ln p d\mu > -\infty$. If t > 0, let $B_t = \{x \in \mathbb{R}^n : p(x) \le t\}$ pick radius such that $\mu(B_{\rho}) = \frac{2}{3}$. Since μ is a probability measure,

$$\mu(\{x \in \mathbb{R}^n : p(x) \ge 4\}) \le \int_{\mathbb{R}^n} \frac{p(x)}{4} d\mu = \frac{1}{4}$$

So $\rho \leq 4$.

Using norm concentration for for log concave measures with $r=\frac{2}{3},t=3$,

$$\mu(B_{3\rho}) \ge 1 - \frac{2}{3} \cdot \frac{1}{4} = \frac{5}{6}$$

Define norm $p'=\frac{p}{\rho}\text{, then}$

$$B' = \{x \in \mathbb{R}^n : p'(x) \le 1\}$$
$$= \{x \in \mathbb{R}^n : p(x) \le \rho\} = B_\rho$$

and $\underline{\mu(B')}_{\frac{2}{3}} \ge (1+\delta) \underbrace{\mu(B'_3)}_{\ge \frac{5}{6}}$ with $\delta > 0$. Thus for some $\epsilon > 0$, $\mu(B_t) \le ct$, for all $0 \le t \le \epsilon$ we select $\epsilon < 1$.

Let $F(t)=\mu(B_t)$ then,

$$\begin{split} \int_{\mathbb{R}^n} \ln p d\mu &= \int_0^\infty \ln t dF(t) \\ &\geq \int_0^1 \ln t dF(t) \\ &= \underbrace{(\ln t)F(t)|_0^1}_0 - \int_0^1 \frac{1}{t}F(t) dt \\ &= -\int_0^\epsilon \frac{1}{t}F(t) dt - \int_\epsilon^1 \underbrace{\frac{1}{t}}_{\leq \frac{1}{\epsilon}} \underbrace{F(t)}_{\leq 1} dt \\ &\geq -c\epsilon - \int_0^1 \frac{1}{\epsilon} \underbrace{F(t)}_{\leq 1} dt \\ &\geq -c\epsilon - \frac{1}{\epsilon} > -\infty \end{split}$$